

Worksheet

Class 6th (science)

Chapter 1st Food where does it come from

2. Animals as sources of food

Milk

We get milk from buffaloes, cows, and goat. In some part of our country milk obtained from camel and sheep also used.

We use milk to make curd, ghee, cheese, butter, as well as sweets.

Eggs

We get eggs from hens and ducks.

- **Yolk** :- Yellow portion of egg is called yolk, which is rich in fats and lipids.
- **Albumen** :- White portion of egg is called albumen, which is rich in proteins.
- **The cell** is made up of calcium carbonate.

How to check weather egg is rotten or good :- Put an egg in lukewarm water. After a minute, the rotten egg will float on surface while good one will remain under water.

Honey

Honeybees collect nectar of the flowers and prepare honey. They keep it in their beehive.

- Honey consists of water, sugar, minerals, and enzymes.
- It is an antiseptic and easily digestible.
- It is a good source of nutrients and is also used in making medicines.

Meat

Goat, pig, chicken, and sheep are used as food sources of animal proteins. Fish is also a major source of animal protein is fish.

REVIEW TIME

A. Tick (✓) the correct answer :

1. Shell of an egg is made up of (**sodium chloride/ calcium carbonate**).
2. Honey is used in making (**medicines/ alloys**).
3. A major source of animal protein is (**honey/ fish**).
4. (**Beehive/ Compartment**) is a structure in which bees keeps their honey.
5. Yolk is rich in (**fats/ carbohydrates**).
6. Which of the following gives us honey?
 - a. Deer
 - b. Cow
 - c. Goat
 - d. Bee

B. Give one word for the following:

1. Yellow portion of an egg which is rich in fats and lipids.

C. Answer the following questions

1. Name the insect that prepares honey.

2. List any five food items obtained from animals.